



# ONE LIFE CITY CHURCH FORMATION RESOURCE

## 2020 Year End Reflection

The intentional practice of reflecting back is an important formation tool for our personal growth as people and followers of Christ. Slowing down and reflecting back gives space to become aware of God's presence where we might have missed him before. Reflecting back requires that we be present to past experiences and take an honest look at our thoughts, reactions, and emotions. What happened? What emotions was I feeling? How did other people respond? How did I let it or not let it affect me? These are some of the questions that we should work through as we reflect back. This is a practice that should be done prayerfully so give yourself the space to connect with God as you do this.

The year end reflection is one of our annual formation practices as a church. We want you to take the necessary time to work through the questions listed below. Schedule a date and time, grab a pen, journal, and this formation tool and prayerfully work through these questions.

We want to bless you as you reflect back over your year so that you can see how faithful and good our God is.

1. What was difficult about this year? / How did you see God come through? / How was God present in the areas you would lament?
2. What are the things you are grateful for this year?
3. What is something new you discovered about God?
4. How have you experienced God through the church?
5. What's a prayer that God answered this past year?
6. What are the prayers that have yet to be answered that you'll bring into 2021?