



# ONE LIFE CITY CHURCH FORMATION RESOURCE

## Prayers & Words 2020

One of the easiest yet often overlooked ways to engage God is to ask Him where we should focus our time and energy. After all, God is the creator of heaven and earth (Ps. 146:6). Not only are His ways higher than ours (1 Cor. 1:25), but He gladly gives wisdom as needed (James 1:5). Part of our discipleship process should be to align our lives with God's will and heart, which is what this practice helps us to do. It's a simple practice but one that will require us to be intentional to follow through on. As you engage this practice you'll find that God is faithful and will lead you deeper into relationship with him in his kingdom.

**Our Practice:** *Set aside 20-40 minutes alone to spend time with God. Have a pen, Bible and journal or something to write on that you will keep with you. Spend a few minutes to center on God first. Once you are present with Him, ask God what you should pray for this year. Write down what He shows you. Then ask God for any word(s) for the year. Write these down too. Lastly, commit to praying these prayers and dialoguing with God about the words he gives you.*

### Prayers for the Year:

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

### Words for 2020:

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_